

UW Medicine

UW SCHOOL
OF MEDICINE

11th Annual John D. Loeser Pain Conference:

STRATEGIES FOR CHRONIC PAIN MANAGEMENT



Friday - Saturday

November 2-3, 2018

The Mountaineers

7700 Sand Point Way NE

Seattle, WA

Sponsored by UW School of Medicine
Department of Anesthesiology & Pain Medicine
Office of Continuing Medical Education

COURSE DESCRIPTION

The John D. Loeser Pain Conference provides cogent, evidence-based and useful information for primary care providers of all kinds. Chronic pain is a very common complaint, and many providers find treatment challenging with or without opioid prescribing.

The lectures this year will address many aspects of pain care, including the complexities of chronic opioid use and weaning from opioids, followed by a panel discussion on this topic. There will also be didactics on related topics including neuropathic pain, joint pain, headaches, and back surgery which are commonly encountered by primary care providers in all settings.

Those who may benefit from this educational offering are primary care providers (PCPs) working in clinic settings where they manage and work with acute or chronic non-cancer pain patients. Other interested parties may include providers in rehabilitation medicine, occupational medicine, psychiatry, physical therapy, and trainees in all of the above fields.

All presentations will be provided in a didactic format using Powerpoint slides to provide evidence-based, actionable information that can be used by the primary care provider without additional consultation of staffing. There will be question and answer sessions after each block of lectures. The syllabus will be available online (for conference registrants only).

COURSE FEES	
MD/DO/PhD	\$299
Allied Health	\$249
Resident/Fellow	\$125

*Resident/Fellow rate requires written confirmation of current resident/fellow status.

Walk-in registrations incur a \$25 administrative fee

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Determine who/what patient might be a candidate for chronic opioid treatment
- Be prepared to discuss back surgery with your patient
- Formulate a plan for weaning long term opioids and post-procedural opioids
- Have options for treating non-rheumatological joint pain
- Understand the role of a primary care provider in the patient with an addiction diagnosis
- Manage flares in the chronic pain patient
- Consider marijuana as a treatment option in chronic pain management
- Review state regulations in the treatment of chronic pain
- State when to invoke use of opioids in acute pain conditions
- Describe the background of the opioid epidemic
- Outline updates in evolving national and state opioid guidelines and legislative rules
- Discuss expectation and goal alignment strategies that coincide with best practices for acute pain management

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Silver Cloud Inn
5036 25th Avenue NE
Seattle, WA 98105
206.526.5200 or 800.205.6940
Rates depend on availability
Ask for "[UW CME Conference](#)" rate

Residence Inn by Marriott
4501 12th Avenue NE
Seattle, WA 98105
206.322.8887 or 888.236.2427
Rates depend on availability
Online reservations only - under "Special Rates"
select "Corporate/Promo" and enter code [UWD](#)

CONFERENCE SCHEDULE AND FACULTY SPEAKERS

FRIDAY, NOVEMBER 2

7:00	Registration and Continental Breakfast
7:30	Welcome and Introduction
7:40	Back Surgery: Elements of/for Patient Discussion - <i>John D. Loeser, MD</i>
8:10	Motivational Interviewing as a Tool in Discussing Opioids - <i>Kari A. Stephens, PhD</i>
8:55	How to Approach the Patient with an Addiction Diagnosis in the Primary Care Setting - <i>James B. Darnton, MD</i>
9:45	Question & Answer Session - <i>Faculty</i>
10:05	Break
10:20	Marijuana in Chronic Pain Management - <i>Gregory T. Carter, MD, MS</i>
11:00	Headaches: Primary Care Approach Before and After Specialty Consultation - <i>Natalia Murinova, MD, MHA</i>
11:35	Question & Answer Session - <i>Faculty</i>
11:50	Lunch (provided)
12:10	Case Presentation (<i>optional</i>)
1:00	Break
1:10	Weaning Short-Term Procedural Opioids - <i>Katherin A. Peperzak, MD</i>
1:45	Weaning Long Term Opioids - <i>David J. Tauben, MD, FACP</i>
2:20	Resource Aids in Chronic Pain Management - <i>Katie Levy, MSW</i>
2:55	Treatment Strategies for Non-Rheumatological Joint Pain - <i>Gregory C. Gardner, MD, FACP</i>
3:35	Question & Answer Session - <i>Faculty</i>
4:00	Adjourn

SATURDAY, NOVEMBER 3

7:15	Sign-In and Continental Breakfast
7:50	Welcome and Introduction
8:00	Flare Management - <i>James P. Robinson, MD and John A. Sturgeon, PhD</i>
9:00	Treating Acute Pain in the Primary Care Setting: When to Invoke Opioids - <i>Pamela L. Pentin, JD, MD, FAAFP</i>
9:40	Regulations in Pain Management: An Update - <i>Debra B. Gordon, RN, DNP, FAAN</i>
10:05	Question & Answer Session - <i>Faculty</i>
10:20	Break
10:35	Neuropathic Pain: Types and Treatment - <i>Leo H. Wang, MD, PhD</i>
11:20	Question & Answer Session - <i>Faculty</i>
11:30	PANEL/FORUM: Which Patients are Suitable for COT <i>Jane C. Ballantyne, MD, FRCA</i> <i>Timothy C. Dawson, MD</i> <i>Steven P. Stanos, DO</i> <i>Mark D. Sullivan, MD, PhD</i>
1:00	Adjourn

For course details and registration, visit uwcme.org

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